

## Rainy / No Wind Day Activities

### *Remember...*

Activities on rainy and/or no wind days require as much pre-planning and rounding up of supplies and materials in advance.

Different activities lend themselves to different ages of students and/or skill levels.

Don't be lazy, times when you can't be on the water teaching and practicing practical skills are still valuable opportunities to keep teaching sailing related theory and skills.

### **Indoor Activities:**

#### Game Show / Board Game Themes:

Hangman, Jeopardy, Win, Lose or Draw, Pictionary,  
Sailing van Gogh

#### Arts and Crafts:

Making trophies, personalized bailers, make a sailing mural as a group activity, designing personal burgees and/or signal flags, write and illustrate a student "how to sail book", make a collage using old sailing magazines, write a program newsletter

#### Seamanship:

Learn to whip and splice, learn new knots, reading charts and basic navigation, make a chart of the sailing area, learn COLREGS, identification of boat types, build a spinnaker, learn RC committee flags, learn about the weather

#### Computer Aided Activities:

Virtual Spectator, UK Racing Rules site, Harken C420 and Laser DVD, Adv. Opti Boat handling DVD,  
researching weather on the web

#### Other:

Pop quiz, word jumbles, crosswords, land drills, mock protest hearings

### **Outdoor Activities:**

- Treasure/Scavenger Hunt
- Relay Races
- Obstacle Courses
- Teach boat maintenance and repair fundamentals

### **On-the-Water Activities:**

- Bailer Races
- Kinetics Race
- Sprit Races
- Rowing Relay Races
- Sponge Tag
- "Big Boat" sailing opportunity

### **Great Sources of Materials:**

- Local sail maker (for scraps of sail cloth and sail tape)
- Old broken parts (collect, don't throw away! And gather from local boatyards if possible)
- Sailing magazines

Books

Sailing for Kids

USODA

Teach Sailing the Fun Way

US SAILING

Staff

Other Programs